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SLOPES: Perisher XC Work Parties and other news

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Dear SLOPES Members

This email from NSWXC is forwarded for your information.

Please copy to your members in case anyone is interested in volunteering.

Regards

Frank Zipfinger
President
SLOPES

PERISHER XC WORK PARTIES - THE FIRST WEEKENDS IN APRIL AND MAY
The last two work parties for 2013 and still lots to do!

Two weeks ago saw the NSW Team and Squad members, parents and coaches hard at work digging trenches for cables and other useful jobs around the Nordic Shelter. This extra Work Party was part of their Training and Presentations Weekend (report attached). The kids were enthusiastic and it is amazing what a lot of people can accomplish in a short time! It was also a great opportunity for them to see what is under the snow and the kind of work that is done over the summer to provide the facilities that they use all winter.

There are still two opportunities for those who feel like an active and social weekend in Perisher - this coming weekend April 6-7 and May 4-5. There is still lots to do to get the XC Trails and the Nordic Shelter ready for winter. And, again, Canberra Alpine Club makes it as easy and fun as possible by providing accommodation for workers.

This coming weekend's jobs include: installation and replacement of poles, assisting NPWS in construction of 3 new snow fences, slashing, installation of protective screens on the Nordic Shelter and more. Please bring gloves, sturdy boots, safety glasses, secateurs.

Please let Peter Ward (0409 338 978) know if you can attend either work party and contact Peter Cunningham (0477 356 835, peter.cunningham@actewagl.com.au) if you require accommodation on either weekend (Friday/Saturday nights).

Regards,
Peter Ward

5 attachments**Nordic Centre Trench Dig 2-1.jpeg**
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Nordic Centre Trench Dig 3-1.jpeg
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Perisher Trails - weedkillers.jpeg
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Perisher Trails Clean up.jpeg
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 **XC Presentations report 2012.docx**
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NSW XC Celebrates Excellence, Participation and Contribution 16-17 March 2013

The NSW Cross Country Committee recently held its annual XC Presentations to recognize the contributions of XC Volunteers and Supporters and the participation and accomplishments of NSWXC athletes of all ages.

The evening began with the NSW XC Masters Series Draw – a hat draw of those who participated in the required number of 2012 XC events. *And the lucky, hard-skiing winners were:*

A Long Weekend for 4 at Lake Crackenback Resort –	Brooke Darlington
A Long Weekend for 2 at Lake Crackenback Resort –	Matt Carkeet
NPWS Annual Park Entry Pass –	Warren McCourt
Free entry in the 2013 XC Masters Series events –	Bruce Wharrie

The next very special awards were presented to the XC Volunteer and Supporter of the Year. These are not competitive awards, but recognize the contributions of all volunteers and supporters who make the sport what it is:

Sverre Kaaten Trophy for Supporter of the Year – Canberra Alpine Club for the long-term support of summer XC work parties by providing accommodation for the workers. The remoteness of the Nordic Shelter and the XC trails would otherwise make it difficult for volunteers to attend work parties – many thanks to CAC for their generosity in many ways.

Sverre Kaaten Trophy for Volunteer of the Year – Michael Bull, NSW XC athlete manager, Sydney training manager, first on site on event days, great provider of waxing support to the kids, one who enjoys sharing a wonderful sport with others.

Personal awards were made in every age group recognizing participation, performance, commitment and the role of Women in Sport. The highlights of the evening were the three major awards:

Ray Lindupp Trophy for Most Improved Jr XC Skier – Matt Bull, for his determination to improve, his interest in all aspects of XC skiing and his personal development. Matt received a \$500 travel grant from KCros.

Outstanding Achievement Trophy – Alex Almoukov, for his top Australian XC Ranking in Distance events. Alex received a \$500 travel grant from NSW Snowsports

NSW XC Skier of the Year – Callum Watson, for his overall performance in both Distance and Sprint events. Callum also received a \$500 travel grant from NSW Snowsports.

Many, many thank to all of the generous donors of grants and merchandise. NSWXC is grateful to be able to recognize the efforts of XC athletes with prizes that will help them continue training and participating:

Allen's Vision	Kosciusko Alpine Club	Perisher
Buff	Lake Crackenback Resort	Rhythm Snowsports
Bursill Sportsgear	Man From Snowy River Hotel	Skins
Charlotte Pass Resort	Mountain Adventure Centre	Snowgums Wodonga
Jindabyne Cinema	NPWS	Snowy Mountains Sports
K7 Adventures	NSW Snowsports	Southern Alps Ski Club
KCros	NSW XCC	TOKO
		Wilderness Sports

The XC Presentation Weekend included a residential training camp that was shared by athletes, parents and coaches from Sydney, Canberra and the Snowy Mountains area. The athletes trained in Jindabyne and Perisher, helped out at a work party at the Nordic Shelter, discussed programs and socialized. It was a productive and fun weekend for all involved and plans are in place for the next training weekend. Many thanks to the parents and XC Committee for supporting the kids over the weekend. Special thanks to coaches Ben Sim and Sarah Slattery.